POSTER #: TU719 DEVELOPMENT AND VALIDATION OF A PAIN LITERACY MODULE FOR PHYSIOTHERAPISTS IN THE PHILIPPINES: A STUDY PROTOCOL

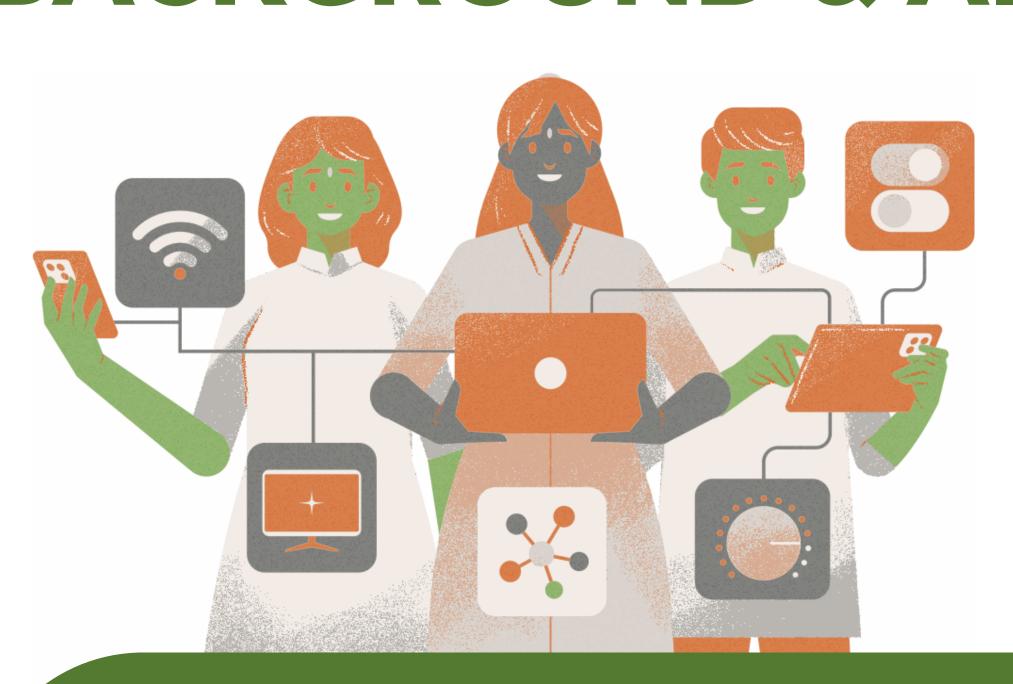


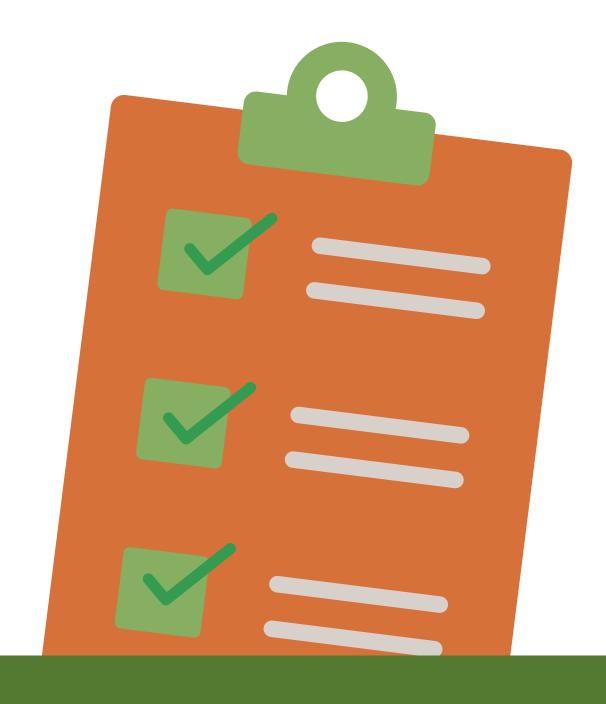
OUR LADY OF FATIMA UNIVERSITY

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BACKGROUND & AIMS







PAIN LITERACY

- An umbrella term which reflects a healthcare practitioner's understanding and awareness of pain sciences, its assessment, and management (Mandysová, P., Matějková, I., & Fusek, J., 2018)
- Health literacy is often studied but not pain literacy
- Pain is more effectively managed if there is sufficient pain literacy
- Understanding pain science;
 - Reduce anxiety, better pain response (Roesner, 2022)
 - Improvement in functional abilities and participation (Mildonis, 2022)
- Pain Literacy, as one of the core dimensions of health literacy is gaining traction in the Philippines, owing to its impact on human performance and economic productivity.
- However, though pain literacy is a component of health literacy it is often under studied (Mandysová, P., Matějková, I., & Fusek, J., 2018)

METHODOLOGY

MIXED METHOD STUDY DESIGN

Transcendental Phenomenological study

- Transcendental allows the researcher to reflect on what participants said (Moustakas, 1994).
- Epoche and bracketing are used to gain a fresh perspective on what was said (Husserl 1931; Moustakas, 1994; Solowski, 2000).



PHASEI

- Focus Group Discussion
- Expert Panel Review
- Delphi Method

PHASE II

Pilot Feasibility Study

PHASE III

 Investigate the impact of a pain literacy module on Physiotherapist's pain awareness

RESULTS

This study aims to develop a comprehensive training module that aims to promote pain literacy among Filipino Physiotherapists.

CONCLUSIONS

This paper intends to produce a health literacy module that will improve pain literacy for better pain assessment and management among Physiotherapists in the Philippines.







- Currently, there is no specific tool to measure pain literacy.
- In addition, there is scarcity of training programs specific to pain literacy and a limited number of CPD providers in the Philippines.



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