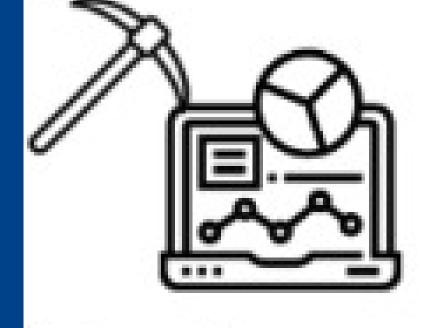


Value 4 Pain: Data-driven improvement of Chronic Pain Care in the southern part of the Netherlands; a Value Based Healthcare project for Pain to support the right care for the right patient at the right place.



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Introduction

- Problem: Chronic pain is a burden for patient and relatives, the healthcare system and society. It affects multiple aspects of daily life, causing physical and/or social decline, psychological problems and reduces quality of life.
- Challenges in treating chronic pain: over- and undertreatment of patients, fragmented care, and moderate to poor treatment outcomes.
- National approaches address improvement of health care:
 - The National Care Standard for chronic pain
 - Value-based healthcare improving quality of patient care while reducing costs
 - Integrated Care agreement (IZA, 2022)

Objective

The Value4Pain consortium (V4P) aims to develop concrete tools to accelerate value-based pain care addressing chronic pain health care issues. V4P consists of public and private frontrunners in the field of chronic pain:

- Department of Pain Medicine of the Maastricht University Medical Center+ (MUMC+),
- Maastricht University (UM), and
- Medtronic, Integrated Health Solutions

Disclosure

This study is funded by the Consortium voor Kennis en Innovatie – Publieke Private Samenwerking (TKI-PPS) allowance of Health Holland, in which the MUMC+, UM and Medtronic are partners in collaboration with the Pain Patients United Consortium.

Methods

- **Population:** Chronic pain population from 2016 to 2024 of the department of Pain Medicine of the MUMC+, that gave informed consent on the use of data in research related to their pain complaints.
- Design:
 - Workpackage (WP) 1: Comprehensive platform that visualizes complex care processes and specifies care paths of the chronic pain patient at the MUMC+ pain clinic
 - WP 2: Patient Value Application (PVA) to assist in patient goalsetting and shared decision making
 - **WP 3**: Prediction models to determine the type of patient that benefits from which treatment/care path

Data

- WP 1 and 3: Use of real life prospectively collected data (2016-2024) on Patient Reported/Experience Outcome Measures (PROMS/PREMS) at baseline and 6 months follow- up. Additionally, clinical and hospital data of received treatment plan and its costs.
- **WP 2**: Prospective data collected at baseline and 3 months follow-up on the usability and applicability of the application.

Data analysis:

- WP 1: Process mining to identify trends and patterns of care processes. Value stream mapping to identify waste, process cycle times and process improvement.
- WP 2: Quantitative analysis on usability and applicability.
- WP 3: Logistic regression and internal validation by bootstrap resampling.

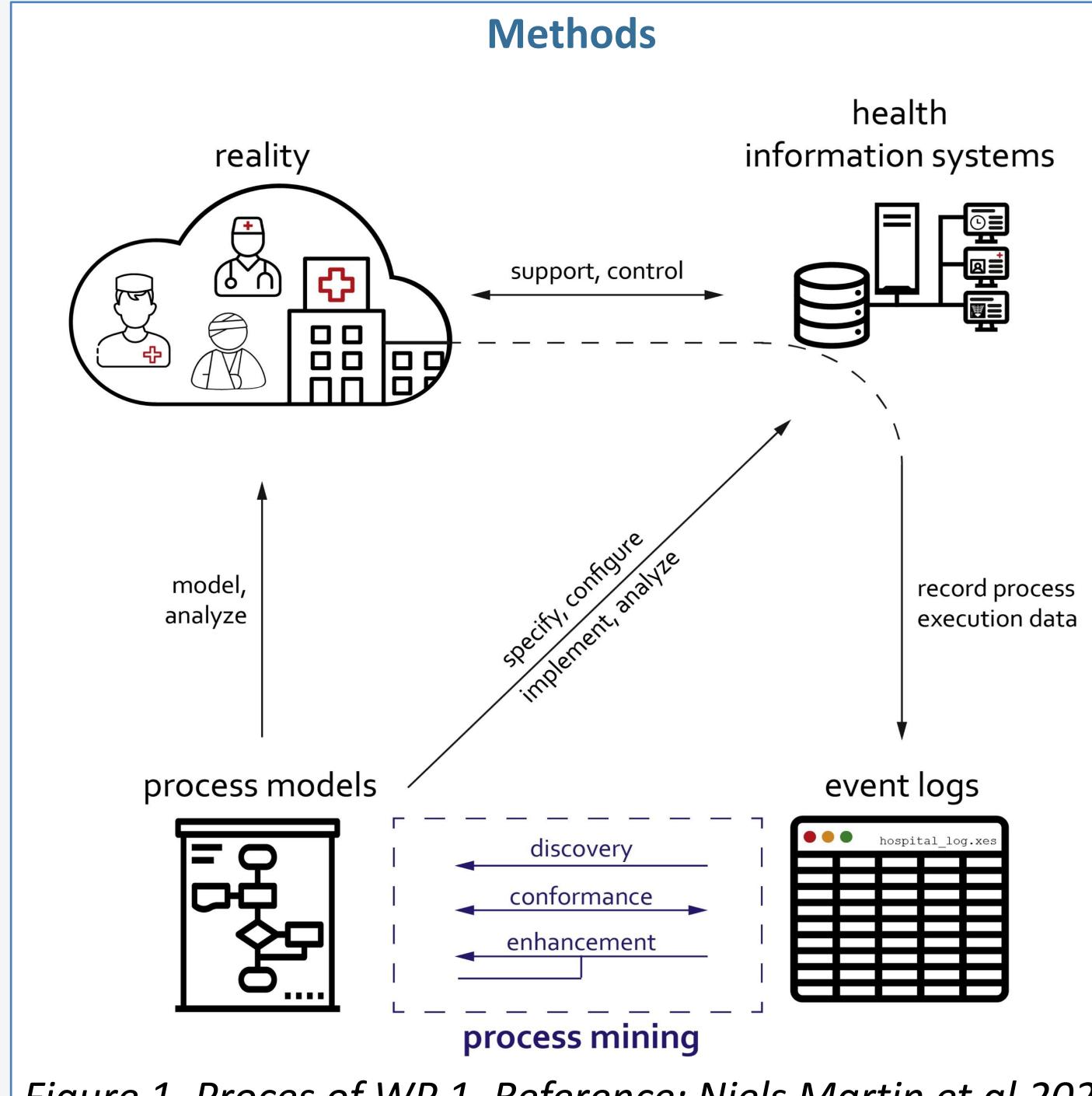


Figure 1. Proces of WP 1. Reference: Niels Martin et al,2020

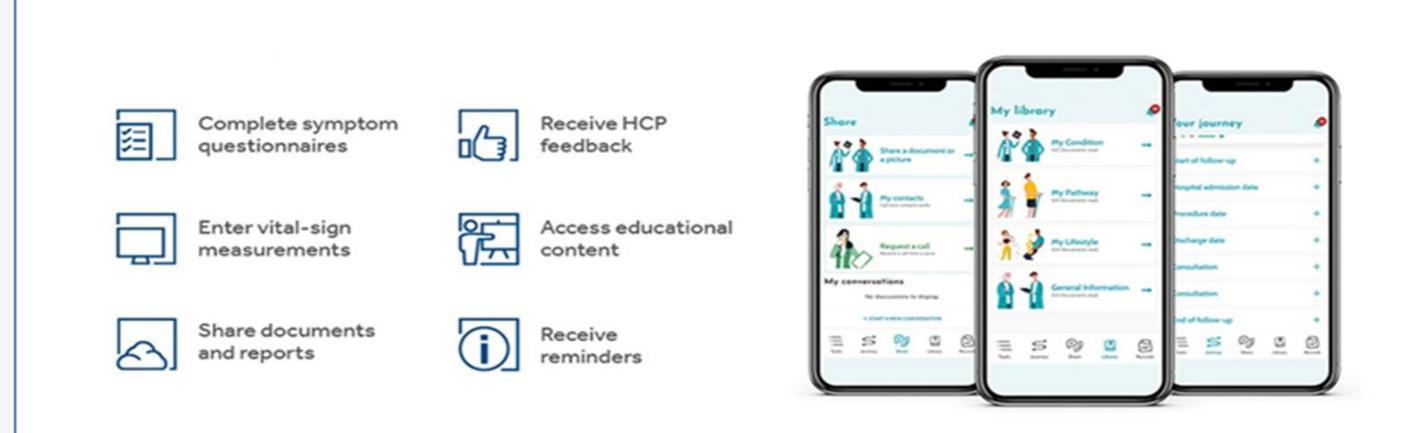


Figure 2. PVA, an example of the GetReady application

Conclusion

Medtronic

The consortium hypothesizes that a data-driven approach is essential for maintaining accessible, high-quality healthcare at affordable costs.



